PROPOSED TEMPORARY REGULATION OF THE BOARD OF EXAMINERS FOR MARRIAGE AND FAMILY THERAPISTS AND CLINICAL PROFESSIONAL COUNSELORS

January 18, 2019

EXPLANATION - Matter in *italics* is new; matter in brackets [omitted material] is material to be omitted.

AUTHORITY: §1, NRS 641A.160, 641A.180, 641A.220 and 641A.231.

A TEMPORARY REGULATION relating to mental health; revising provisions relating to licensure as a marriage and family therapist, marriage and family therapist intern, clinical professional counselor or clinical professional counselor intern; and providing other matters properly relating thereto.

Section 1. 1. Except as otherwise provided in subsection 7, to qualify for licensure as a marriage and family therapist or marriage and family therapist intern, an applicant's graduate education in marriage and family therapy must include the following courses of study:

(a) At least two courses in human development, including, without limitation, issues of sexuality.

- (b) At least two courses in marital and family systems.
- (c) At least three courses in marital and family therapy.
- (d) At least one course in ethical and legal issues in the practice of marriage and family

therapy.

(e) At least three courses in the supervised practice of marriage and family therapy.

(f) At least one course in diagnosis and assessment, including, without limitation, the use of the *Diagnostic and Statistical Manual of Mental Disorders*.

(g) At least one course in social and cultural foundations.

(h) At least one course in research.

(i) At least one course in abuse of alcohol or controlled substances.

(j) At least one course in crisis or trauma.

(k) At least one course in grief or loss.

(l) At least one course in group counseling.

(m) At least one course in individual counseling theories.

2. Except as otherwise provided in subsection 7, to qualify for licensure as a clinical professional counselor or clinical professional counselor intern, an applicant's graduate education in clinical professional counseling must include the following courses of study:

(a) At least two courses in human development, including, without limitation, issues of sexuality.

- (b) At least one course in individual counseling theories.
- (c) At least one course in individual counseling techniques and practice.
- (d) At least one course in lifestyle and career development.
- (e) At least one course in group dynamics, counseling and consulting.
- (f) At least one course in ethics and professional studies.
- (g) At least three courses in the supervised practice of clinical professional counseling.
- (h) At least one course in diagnosis and assessment, including, without limitation, the

use of the Diagnostic and Statistical Manual of Mental Disorders.

- (i) At least one course in social and cultural foundations.
- (j) At least one course in research and evaluation.
- (k) At least one course in abuse of alcohol or controlled substances.
- (l) At least one course in couples counseling.

(m) At least one course in family systems.

(n) At least one course in crisis or trauma.

(o) At least one course in grief or loss.

3. The courses in the supervised practice of marriage and family therapy or clinical professional counseling required pursuant to subsection 1 or 2, as applicable, must:

(a) Include clinical experience working with individuals, couples and families.

(b) Be equivalent to three courses taken during three semesters or four courses taken during four quarters which provide a minimum of 40 weeks of supervised practice.

4. For a graduate degree to fulfill the educational requirements for licensure as a marriage and family therapist, clinical professional counselor or intern pursuant to this section, the degree must require at least 60 semester hours or 72 quarter hours.

5. The Board will consider only courses completed at the graduate level for fulfillment of the educational requirements for licensure as a marriage and family therapist, clinical professional counselor or intern.

6. A course may not be used to satisfy the requirements for more than one course of study set forth in subsection 1 or 2.

7. The Board:

(a) Will consider a graduate degree from a program that was accredited by the Council for Accreditation of Counseling and Related Educational Programs or the Commission on Accreditation for Marriage and Family Therapy Education at the time the degree was conferred as fulfilling the educational requirements for licensure as an intern.

(b) May consider:

(1) Graduate degrees in fields related to mental health which are comparable to degrees in marriage and family therapy, counseling or mental health counseling and which meet the requirements for courses listed in subsection 1 or 2, regardless of the terminology used in the degree granted by the educational institution, as fulfilling the educational requirements for licensure as a marriage and family therapist, clinical professional counselor or intern.

(2) Graduate degrees from a program that the Board determines substantially meets the requirements set forth in subsection 1 or 2, as applicable.

(3) Years of clinical experience as a licensed marriage and family therapist, clinical professional counselor or intern in lieu of specific academic courses.

(4) Graduate degrees conferred on or before August 30, 2021 which met the requirements of this section as it existed on August 29, 2018.